

To connect men with a strong, brotherly community while deepening their dependence on Christ.



Men in Community Newsletter July 2025 - Updated

To **participate** in an activity: Email the contact listed or use the registration link, if provided.
To **lead** an activity: Email MIC, men@fbccincy.org, and include logistics (see examples below).

Reflection: *Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” Joshua 1:9*

Inaugural MIC Cup – Men’s Summer Team Competition

*Join us for the first-ever **MIC Cup**—a two-night team event where men compete in sports, board games, and Bible trivia while building friendships and having fun.*

Date and Start/End Time:

- **Saturday, July 19**, 6:30-8:30 PM: Dodgeball, a Free Throw Competition, and Cornhole
- **Saturday, August 9**, 6:30-8:30 PM: Board games and trivia covering the Bible, theology, and FBC fun facts

Location: Faith Bible Church, multi-purpose room

What do I need to do to participate? Email Phil to register or ask questions: Philip.Ayala45@gmail.com

Bonus points for teams with non-FBC friends! Teams of 4–6 will earn points each night toward the MIC Cup. You can sign up as a full team, request to be grouped with a few friends, or sign up solo and we’ll place you in a team.



Winning team receives the MIC Cup trophy and a \$100 gift card

Canoeing – Morrow, OH

Date and Start/End Time: **Saturday, July 26, 8:00-12:00**

Location: Little Miami Canoe Rental, 216 Mill St., Morrow, OH, 45152

What do I need to do to participate? It is a 2hr. canoe ride at a relaxing pace. Contact Ken Metzger: kenmetzger7@gmail.com Ken will be coordinating this outing. Cost is \$25 per person for a 2 people in a canoe (so find a partner). But if you want a canoe to yourself, cost is \$50. Please let Ken know ASAP if you attending as there is some upfront planning and prep necessary, e.g., reservations, waivers, etc. Please bring a snack with you, everything else is provided.



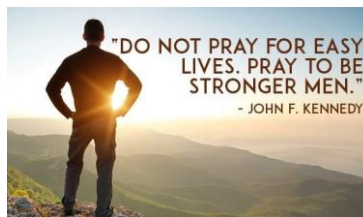
MIC Groups

Join a life on life, men's group at FBC. Transparent, encouraging conversation re: faith, family, life

Date and Start/End Time: **Ongoing.** Groups meet for 1-2 hours every week or every 2 weeks. Meeting time will be determined by the group members (6-8 men per group).

Location: Meet in a host home for discussion and coffee, or at another agreed upon location. Host location will ideally be close to member's homes.

What do I need to do to participate? Email MIC, men@fbccincy.org, expressing your preference to either host or be a participant. Include your name and street address, and day(s) and time of day meeting preferences. Phil Ayala will follow-up with you.



Tuesday Night Biking (on the Loveland Bike Trail)

Date and Start/End Time: **Every Tuesday through the Spring, Summer, Fall of 2025, 6:30-8:30 PM.**

Location: Meet in The Monkey Bar & Grill Parking Lot, 7837 Old 3C Hwy, Maineville, OH 45039

What do I need to do to participate? Be able to ride 12-16 miles (in total, with a couple of breaks), for about an hour and a half, at a medium pace. Just bring your bike and helmet. You can make your own call if weather is questionable.

